

PREPARATION FOR DIAGNOSTIC PROCEDURES:

If you are a diabetic or pregnant, please notify our staff prior to exam.

Magnetic Resonance Imaging (MRI): Metallic objects cannot be inside the scan room. Wear comfortable clothing that does not contain metal fasteners. Do not wear eye makeup or use hair-styling products on the day of exam as many contain metallic powder and leave all jewelry home. Please advise the office if you have a pacemaker, have had heart surgery, or if you may be pregnant.

CT Angiography: Do not eat or drink 4 hours before the exam.

CT of Abdomen/Pelvis (except for Kidney Stone):

Do not eat or drink 8 hours before the exam. Oral contrast is required for this exam. You may either come in the office 2 hours prior to exam to drink the barium or pick up the barium the day before, start drinking it at home 2 hours prior to exam and come in just 30 minutes before the exam for the final cup of barium.

CT with Contrast Injection: Do not eat or drink 8 hours before the exam.

Mammography: Do not use talcum powder, deodorant or perfume on day of exam.

Hysterosalpingogram: Call to schedule appointment 1st day of menstrual cycle. Do not have unprotected sex until after the exam. Use a warm water douche and fleet enema the morning of exam. Please arrive 30 minutes before appointment for EPT test in our office.

Upper GI Series/Small Bowel Series, Esophogram: Do not have anything to eat or drink after midnight before the exam.

IVP (Intravenous Pyleogram): Purchase a Fleet Enema Prep Kit #1 from your pharmacy and follow the "24 hour" instructions before the exam.

Barium Enema: Do not eat solid food for 48 hours, you must be on a liquid diet (chicken broth, ginger ale, coffee or tea without milk, nothing that is red). Purchase a Fleet Enema prep kit from your pharmacy and follow the "24 hour" instructions before the exam. If you are *not* bleeding purchase Prep Kit #2, if you are bleeding you need to purchase Prep Kit #3.

Sonograms:

Abdominal/Hepatobiliary: Do not eat greasy, fatty or dairy food for 24 hours before the exam. Do not have anything to eat or drink after midnight before the exam.

Renal: Drink 12 oz. of water one hour before exam. Do not urinate until after exam.

Pelvic: Empty urinary bladder 1 1/2 hour before exam time and start drinking three (3) 8 oz. glasses of water (one glass every 15 minutes). Do not urinate until after exam.

OB: Drink two (2) 8 oz. glasses of water 1 hour prior to exam. Do not urinate until after exam.

Hysterosonogram: Call to schedule appointment 1st day of menstrual cycle. Drink three (3) 8 oz. glasses of water 1 1/2 hour before the exam. Do not urinate until after exam.

Transrectal: A Fleet Enema should be administered on the morning of the exam.

DIRECTIONS TO ELMONT OPEN MRI

FROM LONG ISLAND EXPRESSWAY OR NORTHERN STATE PARKWAY: Take Cross Island Parkway south to exit #26B (Hempstead Avenue). Take Hempstead Tpke. east for 1/2 mile to Elmont road. Make right turn onto Elmont Road and take Elmont road for 3/4 mile to Elmont Open MRI on the left side.

FROM SOUTHERN STATE PARKWAY: Take to exit #13 (Central Avenue). Proceed to second traffic light. Make a right turn onto Elmont Road. Take Elmont Road 1/2 mile to Elmont Open MRI on the right side.

BUS: During rush hour take the N1 from Jamaica to Elmont Road & Village Avenue. During non rush hour take the N6 to Elmont Road & Hempstead Tpke. Transfer to N1 South at Elmont Road to corner of Village Ave. Stop is in front of office.

DIRECTIONS TO LONG ISLAND RADIOLOGY

FROM SOUTHERN STATE PARKWAY: Take exit 19 South on Peninsula Blvd. Past Sunrise Highway, make a left on Franklin Ave. Just past W. Broadway the office is on the right.

FROM FAR ROCKAWAY: Take Seagirt Boulevard to Nassau Expressway (878) West. Make right onto Burnside Avenue. Past Rockaway Turnpike, Burnside Avenue turns into West Broadway. Take West Broadway to Franklin Ave. Make a right onto Franklin Avenue, office is on right.

BUS: Take the N31 to corner of West Broadway and Franklin Avenue. Office is almost on corner, or take the N32 to corner of Broadway and Franklin Avenue. Walk one long block (pass train station) west. Office is on the left.

DIRECTIONS TO CENTRAL DIAGNOSTIC IMAGING

FROM QUEENS/LONG ISLAND: Take the Grand Central Pkwy. west toward La Guardia Airport/Triboro Bridge. Take exit #5 (82nd Street/Terminal). Merge onto Astoria Blvd. Follow Astoria Blvd. straight for approx. 1 mile. Turn left onto Steinway Street at light. Turn right onto 28th Avenue. Go 1 block down. CDI is on left side.

TRAIN: Take the R, G, or V train to Steinway Street - Walk 3 Avenues north to 28th Avenue. Left on 28th Avenue - go 1.5 blocks; or, take the N or W train to 30th Avenue - Walk 5 short blocks east to 37th Street. Left on 37th Street, right on 28th Avenue.

BUS: Take the Q 101 (Steinway Street Line) to 28th Avenue, or the Q18 (30th Avenue Line) to 37th Street.

DIRECTIONS TO EMPIRE IMAGING

FROM MANHATTAN: Grand Central Parkway to Queens Blvd. Proceed North on Queens Blvd. to 76th Avenue. Office is on the corner of 76th Ave. and Queens Blvd.

FROM LONG ISLAND: Grand Central Parkway to Queens Blvd. Proceed West on left lane or express lane; on Queens Blvd. second light make left on 77th Ave., proceed two blocks to Austin St. Make right on Austin St. Proceed another two blocks and make a right on 76th Ave. The office is on the corner of 76th Ave. and Queens Blvd.

FROM LONG ISLAND EXPRESSWAY: Take exit to Queens Blvd. East. Office is on the corner of 76th Ave. and Queens Blvd.

SUBWAY: Take the E train to Union Turnpike. Walk 4 blocks to center, or, take the F train to 75th Avenue. Walk one block to center. Office is on the corner of 76th Ave. and Queens Blvd.

BUS: Take the Q60 or Q65 to 76th Ave. & Queens Blvd. Stop is in front of the office.